



Board Workshop and Report on Student Mental Health Services

April 4, 2013

Background

- In 1993, the California Legislature authorized a fee to support a student health services program in community colleges.*

**Authorization for the fee does not apply to Continuing Education noncredit students.*

- Revenue collected from student health fees may only be used for health services, including clinical care and support services, as well as mental health services.
- The Health Services programs at City, Mesa, and Miramar colleges are fully supported by student health fees.

Health Services Program Funding

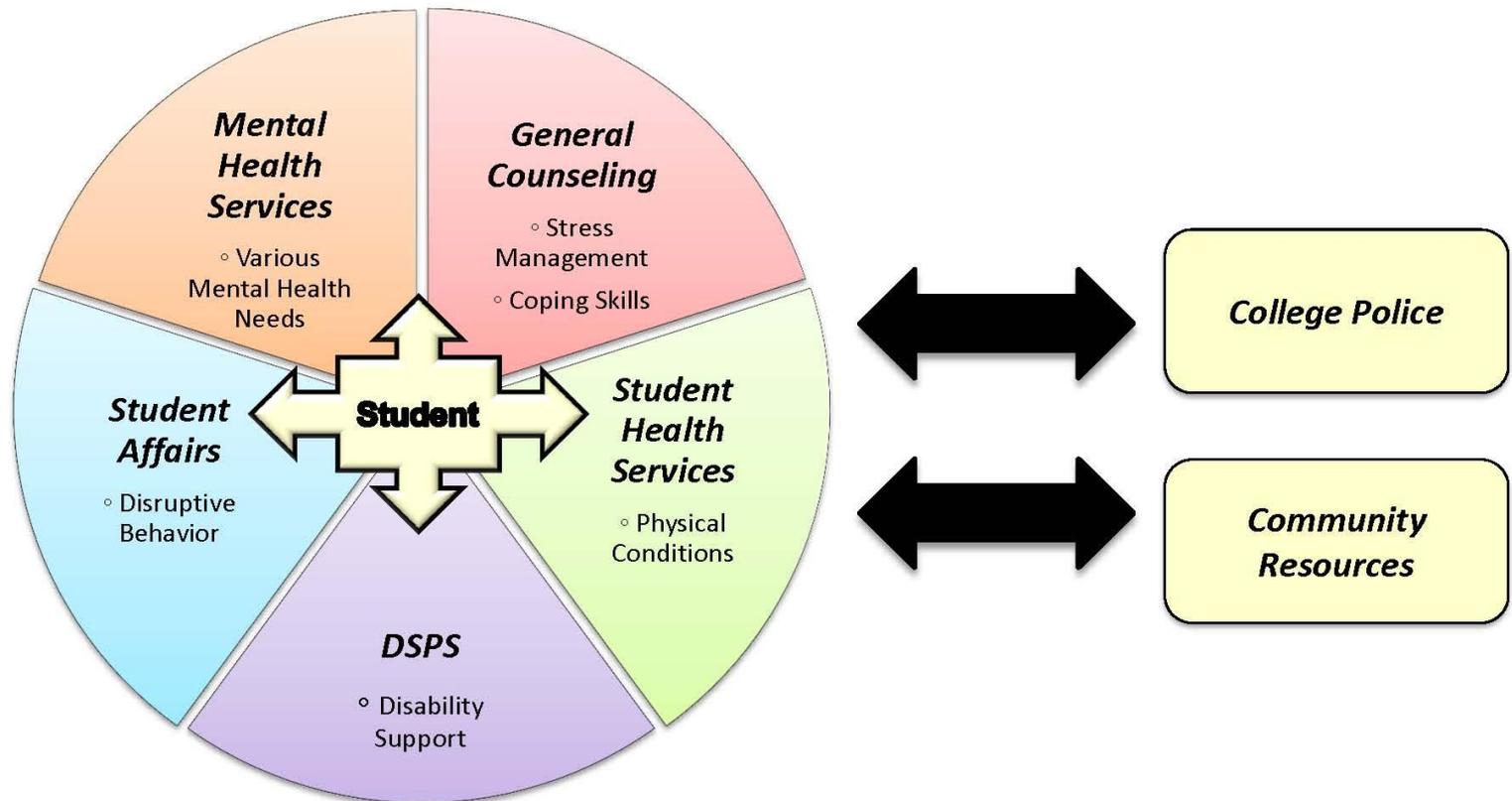
	2012-2013 Health Fee Revenue	Unduplicated Headcount
City	\$475,000	25,085
Mesa	\$745,000	36,230
Miramar	\$310,000	21,085
Total	\$1,530,000	82,400

Continuing Education – Does not collect fees

Mental Health Services Staffing and Students Served

	Staffing Levels	Students Served
City	<ul style="list-style-type: none"> ➤ 1.0 Full-time contract Mental Health Counselor ➤ .50 Full-time Adjunct Counselor ➤ 5.0 Graduate Student Intern/Trainee Volunteers 	<ul style="list-style-type: none"> ➤ 1,992 Clinical contacts for Fall ➤ 1,900 Clinical contacts for Spring
Mesa	<ul style="list-style-type: none"> ➤ 45 Hours per week Adjunct Mental Health Counseling 	<ul style="list-style-type: none"> ➤ 691 Clinical contacts for Fall ➤ 494 Clinical contacts for Spring
Miramar	<ul style="list-style-type: none"> ➤ .60 Mental Health Counselor ➤ Adjunct Counseling Support 	<ul style="list-style-type: none"> ➤ 76 Clinical contacts for Fall ➤ 37 Clinical contacts for Spring
Continuing Education	<ul style="list-style-type: none"> ➤ None 	<ul style="list-style-type: none"> ➤ 35 Mental health referrals ➤ 100 Students referred each semester by DSPS counselors

Framework for Serving Students' Mental Health Needs



Presentation Overview

- 1) Goals of the Student Mental Health Program – Leslie Easton, City College
- 2) Managing Student Mental Health Needs
 - *Health Services Perspective – Lezlie Allen, Miramar College*
 - *Student Affairs Perspective – Ashanti Hands, Mesa College*
 - *General Counseling and DSPS Perspective – Brian Stockert, Continuing Education*
 - *Mental Health Services Perspective – Leslie Easton, City College*
- 3) Meeting Student Needs on Campus – Presidents: Terry Burgess, Pam Luster, Patricia Hsieh, and Anthony Beebe
- 4) Questions and Answers (Q&A)